

Terms and Conditions – Silent Trauma Healing

The coaching relationship

The purpose of the coaching relationship is to support the coachee to achieve their goals. The coach and coachee will first come to an agreement about the goal of coaching. Coaching is a non-therapeutic intervention intended for coachees who wish to enhance their awareness about their childhood scars, and to heal them.

Coachee's responsibilities

- to attend coaching sessions as agreed
- to select topics for discussion
- to set and pursue meaningful goals
- not to attend under the influence of drugs, alcohol or mind-altering substances – results in immediate termination of that session

Coach's responsibilities

- to manage the coaching process (including timekeeping)
- to keep the goals of the coachee in focus
- to maintain confidentiality (subject to certain exemptions)

Number of sessions and fees

The coachee and coach will meet for 5 (five) sessions, each lasting for no longer than 60 (sixty) minutes, for the duration of maximum 2 (two) months, online. The total cost of these coaching sessions is 750 (seven hundred and fifty) Euro. This should be paid in one sum by bank transfer, before the first session.

Rescheduling coaching sessions

Coaching sessions can be rescheduled by either the coachee or the coach with 2 (two) days notice.

The coaching bundle is sold as whole package and cannot be altered or partially completed in any way. If you are enrolled in continuing Coaching for a number of sessions, unused sessions due to quitting the program may not be eligible for refund, credit or transfer.

Information about the coach

Diploma by NHA – registered in The Netherlands

Style of coaching

- online coaching via Skype, Zoom
- directive coaching
- direct, reality –based challenging style
- the coach takes notes